



A **FREE** Teen Girls Camp
Presented by the
Delaware State Fire School
August 10 – 12, 2018

Delaware State Fire School – Dover
1461 Chestnut Grove Road, Dover, DE 19904

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OUR MISSION: To empower young women and provide them an immersive experience into the lives of women working in non-traditional, public service careers.

VISION: Camp Fury is a summer camp for girls ages 13-17, to experience real life activities that emergency responders experience, daily. Our vision is to increase the number of female involvement in the Delaware emergency services arena while providing a safe space for young women to challenge themselves and grow through teamwork while female professionals from the responder agencies throughout our Small Wonder State talk and train campers in emergency response. This takes place through career based activities and exciting tasks while educating campers about professional careers through hands-on opportunities and exercises. Young women will gain self-confidence and leadership skills as well as meet others with like-interests focused in the field of emergency response.

ABOUT: Camp Fury Delaware

Camp Fury was first developed in Tucson, Arizona through a grant to help young women get exposed to careers in the fire service. This camp quickly expanded over the last 10 years to incorporate other areas of emergency services including law enforcement and EMS. Now, Camp Fury has been developed into camps across the United States. Two Delaware State Fire School Instructors working in conjunction with the original Camp Fury founders, have developed Camp Fury Delaware. The camp is open to young women ages 13-17 and is intended to help develop confidence in young women's abilities, encourage teamwork, and develop new relationships with girls with like-interests.

In Camp Fury Delaware's first year, the camp was a two-day, day camp. The campers were taught by all female instructors, who guided them through hands-on skill sessions and activities. The campers also had an opportunity to speak with and learn from a panel of professional female leaders in the fire and emergency career fields. Campers witnessed and listened to successful females and asked the panel many questions. After an exciting and incredible weekend, Camp ended with a family dinner and closing ceremony where the campers were recognized for their effort by all Camp Staff, Lt. Governor Bethany Hall-Long, General Carol Timmons (National Guard) and Congresswoman Lisa Blunt-Rochester.

2017 CAMP FURY AGENDA

<u>Time Range</u>	<u>Activity</u>
8:00-8:30am	- Welcome/Check In: Light Refreshments, T-shirt distribution, Water bottles and Bag Distribution
8:30-9:00am	- PT: Warm up and stretching before activities begin with a PT specialist/Professional
9:30-12:00pm	- Ladder Climb/Rappelling: From a first story, bravely down a wall - Smoke House Crawl: through the training prop just like firefighters train! Learning about left and right hand searches over obstacles and through different floors - Fire Extinguishers: At the extinguisher pad. Putting out fires in teams of 2; learning about ingress and egress
12:00-12:30pm	- Lunch
12:30-2:00pm	- Hazmat Activity: "Truck Spill" and "Decon" Training – learning about PH levels and how to help each other decon. - Gear and Self Contained Breathing Apparatus (SCBA): Donning and doffing full turnout gear, using air on SCBA
2:00-3:30pm	- Fire Marshal and Juvenile Fire Setters Programming: Talking to campers about the JV Fire Setters program, fire hazards and fire safety - Fire Investigation: In the 'burn building,' investigating multiple arson scenes with an investigator and using the tools common for investigation
3:30-5:00pm	- Leadership Panel: With 7 emergency responders/camp counselors who spoke with the campers about strengths and challenges about being strong females in their career pathway and the tenacity they have learned to become successful

<u>Time Range</u>	<u>Activity</u>
8:00-8:30am	- Welcome/Check In: Excited for Day 2!
8:30- 9:00am	- PT: Warm up and stretching before activities begin with a PT specialist/Professional
9:00-10:45am	- EMS & 1st Aid: Teaching campers how to sling and swathe to stabilize basic injuries - Hands Only CPR: Training compression based CPR, recognizing the signs and jumping into action; safely! - Control the Bleed: Encouraging campers to become equipped, and empowered to help bleeding emergencies before professional help arrives through packing wounds and use of tourniquets
10:45-11:00am	- Break - Ambulance Display from American Legion Ambulance No. 64
11:00-12:30pm	- K9 Demonstration: With 2 different canines who have different jobs to help their Policewomen partners - Sobriety - DUI Field Test: Experiencing a DUI checkpoint, the steps taken by the DUI Officer and attempting the tasks wearing 'goggles' - Basic Self-Defense: Kicking , punching and safety with law enforcement and martial arts professionals
12:30-1pm	- Lunch: With static displays of Trooper 4, Trooper / Medic Helicopter Unit and a visit from Lt. Governor Bethany Hall-Long
1:00-3:30pm	- DEMA/TMC Trip: A full camp field trip to the Delaware Emergency Management Agency, Emergency Operations Center and DelDOT Traffic Management Center with opportunities for question and answers. Focused on planning and response to state-wide emergencies
2:30-3:00pm	- Return to DSFS
3:30-5:00pm	- Family Dinner/Camper Graduation: Camp closing ceremony – with special guests, Congresswoman Lisa Blunt-Rochester and National Guard, Two Star General, Carol Timmons

****Please Note: Camp Fury 2018 will be 3 days and 2 nights. Finalized schedule will be available prior to August****



MEET THE CAMP FURY FOUNDERS



LAURA BAKER

Laura is Assistant Chief for the Tucson Fire Department (TFD) and been with them since 1994. Laura promoted through the ranks of firefighter, paramedic, captain, deputy chief and assistant chief. She has served as the deputy chief in training, fire prevention, and operations. Laura is currently responsible for medical administration and safety, fire prevention and public education and the communications center. She has accomplished:

Bachelor of Science in Business Administration from UC Berkeley

Associates degree in Para-medicine from Pima Community College

Laura earned a Master of Science in Fire Service Administration from Arizona State University

Laura completed the Executive Fire Officer Program (EFOP)

CHERYL HORVATH

Cheryl Horvath is the Fire Chief, Mountain Vista Fire Department in Tucson, Arizona. Cheryl has been in the fire service since 1992, working as a full-time firefighter in Illinois where she served as union president for four years, and as a field instructor for the Illinois Fire Service Institute in live fire, technical rescue, fire ground management, and officer programs.

She has accomplished:

Vice Chair on the Board of Directors for the Girl Scouts of Southern Arizona and as treasurer on the Board of Directors for the January 8th Memorial Foundation
Recipient of the 2010 YWCA Women on the Move Award, for her service to the greater Tucson community

Master's Degree in Public Administration degree from Anna Maria College

Bachelors of Science degree from the University of Illinois

Associate's Degree in Fire Science from Parkland Community College.



A BRIEF HISTORY OF CAMP FURY

2009

- Chief Baker of Tucson Fire Department and Chief Horvath of Northwest Fire Rescue District received grant funding in 2009 from the Women's Foundation of Southern Arizona to facilitate a girl's fire camp for young women in the community

- They created an innovative camp model that exposed teen girls to careers in firefighting



2010

- Tucson Fire Department and Northwest Fire Rescue District partnered with the Girl Scouts of Southern Arizona to sponsor a fire camp for high school girls
- Twenty-three girls participated in the program, ranging in age from 13 to 17
- Women firefighters from Tucson, Northwest, Rincon Valley, Glendale Fire, and Yuma Fire Departments provided the daily skills instruction

2011

- Camp Fury made its debut in Yuma Girls in grades 6 through 12 experienced the life of a firefighter in a three-day camp
- Camp Fury-Yuma was facilitated by City of Yuma firefighters in partnership with the Girl Scouts of Southern Arizona
- June 2011 the Tucson Fire Department and Northwest Fire Rescue District continued their partnership with the Girl Scout of Southern Arizona to sponsor a Camp Fury for the second year
- Fourteen girls participated in the program, ranging in age from 13 to 17, and representing high schools across the greater Tucson region.
- Women firefighters from Tucson, Northwest, Rincon Valley, Glendale Fire, and Yuma Fire Departments provided the daily skills instruction.



2012

- Yuma held their second annual Camp Fury
- Girls in grades 6 through 12 experienced the life of a firefighter in a four-day (split over two weekends) camp
- Camp offerings continue to grow with girls benefitting from increased hands-on activities, demonstrations, and drills
- Campers volunteered their time at the National Fallen Fire Fighters Dinner/Auction

2013

- Yuma held their third annual Camp Fury
- The camp continues to provide activities and speakers that allowed girls to explore the public services jobs as a viable career choice

2014

- The team expanded its partnership to include several local law enforcement agencies
- Five Squad Leaders who are past camp participants, ages 18 to 20, served as camp leaders
- Three representatives from the Charlotte Fire Department, Charlotte, NC visited Camp Fury in an effort to replicate the program in their community.

2015

- Six squad leaders who are past camp participants, ages 18 to 20, served as camp leaders
- The Camp Fury program has become a model for others in the country and a secondary program has been developed in Yuma
- Camp Fury has been replicated in Hampton, Virginia, and Charlotte, North Carolina
- Several representatives from the Tempe PD, Mesa PD, Phoenix Fire Department, and Glendale Fire Department visited Camp Fury in an effort to replicate the program in their community. *History Courtesy Camp Fury*

CAMP FURY DELAWARE, TODAY

- In early 2017, the Delaware State Fire School reached out to the Camp Fury of Chesapeake to begin researching the program for teenaged girls in Delaware. The program quickly began to develop into a two-day weekend day camp to be held at the main Fire School campus in Dover, with the full support and encouragement from Director Robert P. Newnam
- The program developed as female instructors from the Fire School and other emergency services from across the State became involved and excited to begin working with and developing the Camp programming
- Delaware's Camp Fury has been developed to include physical fitness, along with demonstrations and hands-on skills for women, led by women
- **Upon the completion of the Camp 2017, we had 42 campers, 60 staff members and 1 amazing weekend to remember!**



MEET THE CAMP FURY DELAWARE FOUNDERS

VINCENT “VINNIE” MILLER, CAMP FURY DELAWARE CO-ORGANIZER, AND BY DAY, THE Training Administrator for the Delaware State Fire School where he oversees the Fire School’s programming, Pro-Board Testing and Website. He has been active in the emergency services for over 25 years beginning as a Firefighter/EMT at the Berwyn Fire Co. in Berwyn, Pa as a Junior Member. He has held various leadership positions over the years at Berwyn including Ambulance Captain. He has worked as a Firefighter/EMT as an Instructor with the Good Fellowship Training Institute, and as a Fire & Police Dispatcher with Chester County DES 9-1-1 for 11 years. Vinnie moved to Delaware and soon became Supervisor at the Claymont Fire Company for 4 years before joining the staff at the Fire School in 2015. He is a Life Member of the Berwyn Fire Co. and the Sanatoga Fire Co, in Pottstown, Pa. Vinnie is currently a Firefighter/EMT at the Cranston Heights Fire Co., where his spouse Brandy is also a member as a Firefighter/EMT. They have a daughter Samantha who wants to follow in their footsteps.



SARAH DAVIS, CAMP FURY DELAWARE CO-ORGANIZER, is a Safety Coordinator for Rhoads Industries currently working on the safety and emergency management team as a Navy contractor in Philadelphia. She also is a new instructor at the Delaware State Fire School. After completing her Undergraduate Degree from the University of Delaware, Sarah completed her Masters’ Degree in Public Administration as well as a Certification in Addictions Counseling. Sarah has a strong background in public health and organizational management. Before becoming an Emergency Manager in her previous role with the State of Delaware at the Delaware Emergency Management Agency, Sarah was the Occupational Safety Manager for large non-profit. Sarah has completed countless hours of training for Fire, Rescue and Hazmat Pro-Board Certifications as well as her OSHA 30 and numerous FEMA based ICS courses. Sarah trains first responders on radiological terrorism and response. Sarah is a volunteer firefighter and EMT in New Castle County, proudly working part-time for Talleyville Fire Company.



2017 PARTICIPANTS

Chelsea	Allen	Susan	Kline
Erika	Arnold	Rebekah	Legar
Lori	Avallone	Cheryl	Lind
Cathy	Baker	Carrie	Lund
Erika	Bretscher	Shyla	Lyons
Erin	Browne	Mary Alice	Maichle
Amanda	Bundek	Allison	Meadows
Makenzie	Carter	Vincent	Miller
Tina	Casey	Brandy	Miller
Alaina	Crew	Kris	Miller
Sarah	Davis	Liz	Moye
Carissa	DiCarlantonio	Mary	Murray
Ashley	Dukes	Sami	Neeld
Lisa	Dunaway	Krystal	O'Shields
Amanda	Evans	Jackie	Peters
Tori	Ferrera	Lisa	Ridgeway
Jennifer	Ferrera	Nicole	Rivas
Patricia	Fox	Liz	Schew
Dawn	Gazelian	Alyn	Scritchfield
Katherine	Griffith	Rachel	Slotter
Heather	Hudson	Becky	Smith
Christian	Jackson-Puglisi	Rebecca	West
Mei	Johnson	Jennifer	Williams
Sola	Johnson	Tameka	Willis
Becky	Keyser	Jennifer	Wix

*Delaware National Guard
Adjutant General Carol A. Timmons*

*Lt. Governor of Delaware
Bethany Hall Long*

*Congresswoman
Lisa Blunt Rochester*

*Director of Delaware State Fire
School: Robert "Biff" Newnam
Delaware Citizens Corps*



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American Legion of Smyrna
Talleyville Fire Company

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A VERY SPECIAL THANK YOU TO CHERYL HORVATH AND LAURA BAKER FOR THEIR VISION TO BEGIN CAMP FURY AND, TO THE DIRECTOR OF THE DELAWARE STATE FIRE SCHOOL FOR HIS TRUST AND SUPPORT TO TAKE ON SUCH A GREAT ENDEAVOR IN OUR SMALL-WONDER STATE, TO THE AMAZINGLY TALENTED AND TRAINED STAFF FOR YOUR ABSOLUTE DEDICATION AND TIME TO CREATE A SUCCESSFUL CAMP, TO ALL OF THE SUPPORTERS ON SOCIAL MEDIA & THE NEWSPAPERS WHO COVERED OUR STORY AND EVERYONE WHO BELIEVES IN CAMP FURY. OUR SINCEREST GRATITUDE TO OUR CAMPERS AND FAMILIES WHO JOINED US FOR YEAR 1 OF CAMP FURY DELAWARE! CAN'T WAIT TO SEE YOU IN AUGUST!