

CAMP FURY DELAWARE 2019

Driven by Ambition

COURAGE | CONFIDENCE | CHARACTER



AUGUST 9-11
2019

A FREE TEEN GIRLS CAMP
PRESENTED BY THE DELAWARE STATE FIRE SCHOOL
1461 CHESTNUT GROVE RD, DOVER, DE 19904



WELCOME TO CAMP FURY DELAWARE!

Dear Families and Campers,

Through the support of the Delaware State Fire School, we can hold an interactive, engaging and inspiring camp for the next generation of fearless young women. Camp Fury Delaware introduces the field of emergency services to young women early in their lives, and supports the women in public safety fields. Camp Fury isn't "just" a summer camp, it is a leap in the right direction for inclusivity among public safety professionals in and around our state.

During our first summer in 2017, Camp Fury Delaware had 42 campers and 40 staff. In 2018 we grew to have 60 campers and 50 staff from 42 different organizations and agencies. As we bound into 2019, our values remain the same: **Courage** – for campers to try something new and different; **Confidence** - for campers to feel self-assured in their own abilities; and **Character** - for campers to develop their mental and moral qualities, and to have strength in their originality.

Welcome to Camp Fury Delaware, and thank you for your ongoing support!



Sarah Davis Highberger
Camp Director



@CampFuryDelaware

MISSION

To provide a safe, positive, and empowering "summer camp" experience specifically tailored to young women interested in a career of public safety.

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VISION

To identify the passion young women possess that motivates their curiosity to join the emergency services arena. In turn, we provide them a safe and supportive space to explore their interests. Camp Fury Delaware offers young women an opportunity to experience a weekend of simulated activities that represent what emergency responders experience, daily. Throughout a high energy weekend, remarkable female professionals from a variety of response agencies talk to and train campers through hands-on task application and exercises. Our campers will gain self-confidence, leadership skills, and challenge themselves physically and mentally while making new friends. Camp Fury is a stepping stone to a more inclusive, diverse Delaware.

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CAMP FURY: A HISTORY

Breaking Down Barriers Since 2009

2009 Assistant Chief Laura Baker of the Tucson (AZ) Fire Department and Chief Cheryl Horvath of the Mountain Vista (AZ) Fire Department in the Northwest Fire Rescue District received grant funding from the Women's Foundation of Southern Arizona to facilitate a girl's fire camp for the young women in the community.

2010 Both departments partnered with the Girl Scouts of Southern Arizona to sponsor the camp for high school girls, ages 13 to 17. Twenty-three young women participated in the program, which was taught by women firefighters from all over the region.

2011 Camp Fury - Yuma (AZ) made its debut, becoming the second in what would be many girls camps across the country.

2012 Both of the Camp Fury programs, Tucson and Yuma, continued to expand and grow, providing increased hands-on activities, demonstrations, and drills.

2013 Camp Fury expanded its subjects to include women in other public safety professions, such as law enforcement.

2014 Five squad leaders who were past campers, served as camp leaders, and representatives from Charlotte (NC) Fire Department visited in an effort to replicate the program in their community.

2016 Alumni campers continue to return as camp leaders, and the program has become a model for others in the country.

2019 Camp Fury is celebrating its 10th year empowering young women!



Assistant Chief Laura Baker
TUCSON (AZ) FIRE DEPT.

Assistant Chief Baker has been with the Tucson, AZ Fire Department since 1994, and has served as Firefighter, Paramedic, Captain, Deputy Chief, and Assistant Chief. As Deputy Chief, she was responsible for training, fire prevention, and operations.

Currently, she is responsible for medical administration and safety, fire prevention, public education, and the communications center. Laura has earned an Associates degree in Paramedicine from Pima Community College, a Bachelor of Science in Business Administration from UC Berkeley, a Master of Science in Fire Service Administration from Arizona State University, and is a graduate of the National Fire Academy's Executive Fire Officer Program.



Chief Cheryl Horvath
MOUNTAIN VISTA (AZ) FIRE DEPT.

Chief Horvath has been in the fire service since 1992, working as a full-time firefighter in Illinois where she served as union president for 4 years, and as a field instructor for the Illinois Fire Service Institute in live fire, technical rescue, fire ground management, and fire officer programs. Cheryl

is currently the Vice Chair on the Board of Directors for the Girl Scouts of Southern Arizona, and is the Treasurer for the January 8th Memorial Foundation. She is the recipient of the 2010 YWCA Women on the Move Award for her service to the greater Tucson community. Cheryl has earned an Associates degree in Fire Science from Parkland Community College, a Bachelor of Science from University of Illinois, and a Masters Degree in Public Administration from Anna Maria College.

CAMP FURY DELAWARE

2017

"Anything is Possible"

Vince "Vinnie" Miller, a Senior Instructor at the Delaware State Fire School (DSFS), partnered with Sarah Davis Highberger, also with the DSFS, to formulate a similar program to Camp Fury for young women ages 13-17.

With the full support of Director Biff Newnam, and the approval to use the 'Camp Fury' name from Chief Horvath and Chief Baker, the 2-day, day camp was born in Dover, Delaware. Women in Public Safety careers from across Delaware, and even over state lines, joined at Camp Fury Delaware on August 19-20th, 2017.

Campers in the inaugural year of Camp Fury Delaware participated in and learned about:

- **Physical Fitness**
- **Firefighting & Fire Investigation**
- **Hazardous Materials**
- **EMS and First Aid**
- **Police K9s and DUI Field Tests**
- **Emergency Management**

In addition to hands-on activities, campers attended a panel Q&A session to listen to successful women in public safety fields share their stories about their determination to get to where they are.

The weekend concluded with a family dinner and closing ceremony where campers were recognized for their accomplishments by camp staff, Lt. Governor Bethany Hall-Long, National Guard Adjutant General Carol Timmons, and Congresswoman Lisa Blunt-Rochester.

2018

"Born for This"

Year #2 of empowering and encouraging young women to get involved in public safety careers began with adding an additional day, and a two-night stay over at the DE State Fire School. These additions provided an immersive experience to the 60 campers.

Professional women from all areas of public safety supported the young women throughout the weekend, including a second appearance from the Honorable Congresswoman Lisa Blunt-Rochester and a first visit from our friends at FEMA Region III, including their Regional Administrator, MaryAnn Tierney.

Campers learned about hoses and hydrants, fire extinguishers, ladders, CPR and first aid. They watched a police K9 demonstration, and ran through an obstacle course set up by the DE Department of Corrections, which included handcuffing! The girls got to troubleshoot with a Hazardous Materials scenario, ran a decontamination station, and competed in teams against each other in a bucket brigade challenge.

Nighttime activities included making s'mores, working with a comedy group, watching a movie, among other things. The camp concluded again with a family dinner and closing ceremony.



SAMPLE DAILY SCHEDULE (2018)

FRIDAY

Activity	Time
Check-in, Static Display of Apparatus	1:00 - 2:00pm
Staff Introductions, Safety Overview	2:30 - 3:15pm
Afternoon Activity Rotations:	3:20 - 5:15pm
<i>DEMA Exercise</i>	
<i>Fire Marshal Demonstration</i>	
Dinner	5:30 - 6:30pm
Night Activity: Comedy Sportz	6:45 - 8:15pm
Camp Meeting	8:30 - 8:45pm
Evening Down Time	8:45 - 10:00pm
Lights Out	10:00pm

SATURDAY

Activity	Time
Wake-up Call	7:15am
Breakfast	8:00 - 8:40am
Morning PT	9:00 - 9:30am
Morning Activity Rotations:	9:30 - 12:45pm
<i>DOC Obstacle Course</i>	
<i>Hazmat Spill Scenario</i>	
<i>Basement Fire Attack</i>	
Lunch and Learn with FEMA	1:00 - 2:00pm
Afternoon Activity Rotations:	2:15 - 5:15pm
<i>Hazmat Part II</i>	
<i>Bucket Brigade Challenge</i>	
<i>Hydrants and Hoses</i>	
Dinner & Camp Meeting	6:00 - 7:15pm
Night Activity: Movie & Down Time	7:15 - 10:00pm
Lights Out	10:00pm

SUNDAY

Activity	Time
Wake-up Call	7:15am
Breakfast	8:00 - 8:40am
Morning PT	9:00 - 9:30am
Morning Activity Rotations:	9:30 - 12:45pm
<i>Self Defense</i>	
<i>First Aid</i>	
<i>Fire Extinguishers</i>	
<i>K9 Demonstration</i>	
Lunch and Learn with UL FSRI	1:00 - 2:00pm
Afternoon Activity Rotations:	2:15 - 4:45pm
<i>Tower Climb</i>	
<i>Search and Rescue</i>	
<i>SCBA</i>	
<i>Ladders</i>	
<i>Door Breech</i>	
<i>Wall Breech w/ Chainsaws</i>	
Parent/Guardian Arrival	4:15 - 4:45pm
Keynote Speaker	5:00 - 5:30pm
Graduation Ceremony	5:30 - 6:00pm
Family Dinner	6:00 - 7:00pm



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ACKNOWLEDGEMENTS

A special thank you to our 2018 participants

SPECIAL GUESTS

Lisa Blunt Rochester
Congresswoman

Mary Ann Tierney
FEMA Region III Administrator

Andrea DiSpaldo
Amanda Hancher
Mary McKenna
FEMA Region III

Emily Davis
Jessie Prisendorfer
Erica Gooch
Comedy Sportz (Philadelphia, PA)



DONORS

Delaware Emergency Management
Agency Homeland Security Grant Program
(HSGP)

DPC Emergency Equipment

The Fire Store

Royal Farms

Smyrna American Legion: Post 14

Talleyville Fire Company

The Wawa Foundation

Wildflower Photography

Agencies Represented

2018



Aetna Hose, Hook & Ladder Co.
American Legion Ambulance No. 64
Belvedere Fire Co.
Blacksburg Volunteer Fire Dept. (VA)
Bowers Beach Fire Co.
Chester County Dept. of Emergency Services (PA)
Christiana Fire Co.
Cranston Heights Fire Co.
DE Air National Guard, Air Medical Evacuation Squadron
DE Army National Guard
DE Citizens Corps
DE Dept. of Corrections & K9 Unit
DE Dept. of Natural Resources and Environmental Control
DE Dept. of Public Health
DE Emergency Management Agency (DEMA)
DE National Guard, 201st Engineer FF Team
DE State Fire Marshal's Office
DE State Fire School
Delaware City Fire Co.
Dept. of Defense
Dover Fire Dept.
Federal Emergency Management Agency (FEMA)
Five Points Fire Co.
Georgetown Fire Co.
Goshen Fire Co. (PA)
Harrisonville Fire Co. (NJ)
Kent County Decontamination Team
Lewes Fire Co.
Little Creek Fire Co.
New Castle County Paramedics
New Castle County Police Dispatch
Newark Police Dept.
Rehoboth Fire Co.
Seaford Fire Co.
Smyrna American Legion Fire Co.
St Francis Hospital & EMS
Sussex County Special Operations
Talleyville Fire Co.
UL Firefighter Safety Research Institute
Univ. of DE Disaster Science & Management
Univ. of DE Police Dept.
Volunteer Hose Co.
Wilmington Manor Fire Co.

CAMP FURY STAFF 2018

A Community of Women Excelling in Public Safety

Erika Arnold

Lewes Fire Co.

Lori Avallone

Cranston Heights Fire Co.
Goshen Fire Co. (PA)

Cathy Baker

American Legion Ambulance No. 64

Rikki Barnett

DE Air National Guard, Air Medical Evac. Squadron
St. Francis Hospital

Jamie Bartlett-Kohout

DE Dept. of Corrections

Alaina Battle

Univ. of DE Police Dept.

Adrienne Benevento

Univ. of DE Police Dept.

Christine Beste

DE Emergency Management Agency (DEMA)
Univ. of DE Disaster Science and Management

Erin Browne

Aetna Hose, Hook & Ladder Co.
Newark Police Dept.

Amanda Bundek

DE Dept. of Public Health (DPH)
Kent County Decontamination Team
Little Creek Fire Co.
American Legion Ambulance No. 64

Tina Casey

Bowers Beach Fire Co.

Frances Cordell

DE Emergency Management Agency (DEMA)

Courtney Curry

New Castle County Police Dispatch
Wilmington Manor Fire Co.

Andrea Damico-Dispaldo

Federal Emergency Management Agency (FEMA)

Sarah Davis Highberger

DE State Fire School
Dept. of Defense
Talleyville Fire Co.

Lisa Dunaway

DE State Fire School

SARAH DAVIS HIGHBERGER

DIRECTOR OF CAMP FURY DE
DE STATE FIRE SCHOOL
DEPT. OF DEFENSE
TALLEYVILLE FIRE CO.



Sarah is the Director of Camp Fury Delaware, and is also a part time instructor for the Delaware State Fire School. Her full time career is working for the Department of Defense as the Emergency Manager and Anti Terrorism Officer for the Naval Surface Warfare Center Philadelphia Division. After completing her Undergraduate Degree in History from the University of Delaware, Sarah completed her Masters' Degree

in Public Administration from Wilmington University, as well as a Certification in Addictions Counseling from Villanova University. Sarah's career pathway has helped shape her strong background in public health and organizational management.

She has been a volunteer firefighter for 5 years and loves her part time employment as an EMT for Talleyville Fire Company. Sarah and her husband, Joey, welcomed a baby girl into their family in November 2018, and are excited to raise her around this group of strong women.



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CAMP FURY STAFF 2018

...Continued...

**Ashley Faulkner**

Wildflower Photography

Kristen Gajdos

DE State Fire School
Rehoboth Fire Co.

Katharine Griffith

DE Dept. of Correction, K9 Unit

Dawn Gulezian

New Castle County Paramedics

Caitlin Hester-Laird

Talleyville Fire Co.

Heather Hudson

DE Dept. of Natural Resources & Environmental Control
Little Creek Fire Co.

Christian Jackson-Puglisi

American Legion Ambulance No. 64
Delaware City Fire Co.

Melissa Jarman

American Legion Ambulance No. 64
Kent County Decontamination Team
Little Creek Fire Co.

Sola Johnson

Aetna Hose, Hook & Ladder Co.

Mei Johnson

DE Citizens Corps
DE Emergency Management Agency (DEMA)
Univ. of DE Disaster Science and Management

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Dover Fire Dept.

Becky Keyser

DE Dept. of Natural Resources & Environmental Control
Five Points Fire Co.

Rebekah Legar

DE State Fire Marshal's Office

Cheryl Lind

DE National Guard, 201st Engineer FF Team

Carolyn Lund

Univ. of DE Police Dept.

Becky Marker

St. Francis Hospital EMS
Talleyville Fire Co.

Jessica McIntire

DE Emergency Management Agency (DEMA)



CAMP FURY STAFF 2018

...Continued...

Brandy Miller

Christiana Fire Co.
Cranston Heights Fire Co.
DE State Fire School

Vince "Vinnie" Miller

Cranston Heights Fire Co.
DE State Fire School

Andrea Norris

Talleyville Fire Co.

Maddie Onesti

Blacksburg Volunteer Fire Dept. (VA)
Harrisonville (NJ) Fire Co.

Samaria Pfleegor

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Lauren Pratt

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Georgetown Fire Co.
Rehoboth Fire Co.

Laura Rice

DE Dept. of Corrections GPS Division

Elizabeth Schew

Chester County Dept. of Emergency Services (PA)
Fire Marshal's Office

Alyn Scritchfield

Seaford Fire Co.
Sussex County Technical Rescue Team

Becky Smith

Bowers Beach Fire Co.

Nikki Testa

DE Citizens Corps
DE Emergency Management Agency (DEMA)
Univ. of DE Disaster Science and Management

Jen Williams

Lewes Fire Co.
UL Firefighter Safety Research Institute

Timeka Willis

Belvedere Fire Co.
Civil Air Patrol

Sandy Wilson-Hypes

DE State Fire School

Erin Zeisloft

Volunteer Hose Fire Co.



VINCE MILLER

DE STATE FIRE SCHOOL

Vince Miller is a Senior Instructor at the Delaware State Fire School, and helped to establish Camp Fury Delaware. He continues to be a liaison for Camp Fury Delaware and is a strong supporter of diversity and inclusion in the emergency services. Vinnie, and his wife Brandy (camp staff), look forward to their daughter, Samantha, joining camp when she turns 13.



YOU HAVE WHAT IT TAKES

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Class of 2018

For 13 - 17 year old females interested in joining the emergency response field
Join us next summer, August 9-11, 2019 at the Delaware State Fire School

Follow us on:  **CAMP FURY DELAWARE**



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@CAMPFURYDE

For the 2019 application, visit: <https://statefireschool.delaware.gov/fire-emergency-services-camps/>

AUGUST 9-11, 2019

**JOIN US FOR CAMP FURY DELAWARE
PRESENTED BY THE DELAWARE STATE FIRE SCHOOL
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APPLICATIONS TO BE RELEASED