Continuing Education Method

The continuing education option allows the provider to demonstrate continued cognitive competency by documenting the hours of continuing education completed during the certification cycle.

Use the NREMT online recertification process to track continuing education hours, affiliate with an agency, validate skills competency, and submit an electronic recertification application online for faster, more efficient processing.

Regarding CPR and ACLS: In the Traditional Model of Recertification, CPR is required at the EMR and EMT level and CPR and ACLS are required at the AEMT and Paramedic level for recertification. However, in the NCCP Model of Recertification, CPR and ACLS are not required but if documented those standardized course hours may be applied to the National, Local, or Individual Components.

The following are maximum hours per course that can be applied towards the new National Continued Competency Program (National, Local, and Individual Components):

- Hour-for-hour credit can be applied for standardized courses (including, but not limited to, ABLS, ACLS, AMLS, EMPACT, EPC, ITLS, PHTLS, PALS, PEPP, etc.)
- Credit can be applied for college courses that relate to your role as an EMS professional (1 college credit = 8 hours of continuing education). Examples include, but not limited to, anatomy, physiology, biology, chemistry, pharmacology, psychology, sociology, medical terminology, etc.
- Hours from the following courses can be applied hour-for-hour with no maximum: Advanced Trauma Life Support, EMS Course Instruction, Critical Care, and Wilderness EMS Training.

The following cannot be applied towards continuing education for recertification:

- Performance of duty or volunteer time with agencies
  - Paid or volunteer working or duty hours for any organization, agency, or medical facility
- Clinical rotations
  - Clinical rotations which are not part of an EMS Course Program
- Instructor methodology courses
  - Includes all courses to become an instructor or courses to achieve instructor level certifications
- Management/leadership courses
  - Includes business management and leadership, Fire/EMS administrative courses
- Preceptor hours
  - Courses in which an individual takes to become a preceptor or preceptor methodologies
- Serving as a skills examiner
  - Includes skills examiner for NREMT psychomotor examinations

NOTE: A single course, or hours, may be split between two or more topic areas of the National Component or combination of the National, Local, or Individual Components. The date of the course must be the same date in every topic or component the course is applied. A course may not be used for more than one event (i.e., teaching CPR courses and taking a provider CPR course, you may only document one total CPR course). Excess hours from a course can be carried over to another requirement area. For example, if an eight-hour class meets the requirements for use in 6 hours of the National Component, the remaining 2 hours can be used to satisfy hour requirements towards the Local or Individual Components.